



# Freedom

PERSONAL DEVELOPMENT

ROBB ZBIERSKI





# **DISCOVERING YOUR** Memory Power



# Before We Begin

- Let's Have Some Fun





# Tips for Remembering Names

- SLOW DOWN and Listen





YOUR MEMORY  
ISN'T GOOD OR BAD  
IT'S TRAINED  
OR IT'S UNTRAINED.





# Tips for Remembering Names

- SLOW DOWN and Listen
- Repeat The Name (2-3 times)
- Use their name when leaving





# Let's Evaluate

- Create a list
- AnyTHING in the world





The **#1 KILLER**  
OF YOUR **MEMORY**  
IS **STRESS**















# **FILE**

**A PLACE TO STORE INFORMATION**





**IMAGE**

**VISUAL REPRESENTATION OF  
INFORMATION YOU WANT TO RECALL**



**GLUE**

**ACTION AND EMOTION**



# Practical Application

- Memorizing Presentations w/out Notes





# Practical Application

- Pick 10 places around the room
- Glue images that represent the points
- “Tour the room” to deliver the presentation





# Fun Application

- Call Out Item or Number From the List





# Connect With Robb

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# FAMA Memory Special

- Copy of Train Your Brain For Success
- Planet Freedom Lifetime Passport
- Normally \$322
- All for \$149
- Sign up at <http://bit.ly/1N6IL6t>

